

PSP KINGSTON REC

ACTIVITY CARDS

Family Time

1 of 2



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FAMILY COOKIN'

Give each family member a list of ingredients or theme and have them prepare a course for a 4 course meal.



MAKE A FAMILY FLAG

Design and make a family flag to fly proudly in your backyard.



CHALK ART

Get the chalk out and turn your driveway into a work of art. Each family member gets a section to design.



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MAKE A TIME CAPSULE

Have everyone in the family write a letter to their future self, add some favourite memories and trinkets, and a set a date in the future to open the capsule.

LIGHTS, CAMERA, ACTION!

Write a family play or skit and then perform it.





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FAMILY OLYMPICS

3-legged races, noodle throw, long jump...why not engage in a friendly family competition with multiple events?

GO BACKYARD CAMPING

Set up a tent and cook a meal on a camping stove in the backyard.



FASHION SHOW

Dig deep into the closet and repurpose some old clothing. The kids will love going through those old 90's style clothing!



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KARAOKE NIGHT

Take turns singing your favourite songs.



PUT ON A TALENT SHOW

Dance, sing, do a magic trick. Try coming up with a talent your family doesn't know you have.

